Community Health Improvement Plan

2014 Successes

Reducing Teen and Unintended Pregnancies in Pueblo County



Summary of Progress in 2014 and Focus of New Efforts in 2015

In addition to continuing much of the work previously described, the following new activities will be started in 2015.

- A parent resource center will be opened in partnership with Spanish Peaks Behavioral Health Center to provide parents with resources and information on being the best parent possible.
- The Mentoring Collaborative will work to provide training to members and move toward standard mentoring practices.
- The Youth Employment Council will work to improve their relationships with employers and education in order to improve teens ability to find jobs and continue their education.
- Conversations will continue with faithbased leaders on topics related to positive youth development.

Pueblo City-County Health Department

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In 2013 the Pueblo City-County Health Department (PCCHD) finalized a process driven by the community to select and determine how to address health issues in Pueblo County. The process included a state mandated Community Health Assessment and the creation of a five-year Community Health Improvement Plan.

The community identified two priorities to focus on from 2013-2017. Those priority areas were *obesity* and *teen and unintended pregnancies*. 2014 marks the second year of implementing the plan.

ACCOMPLISHMENTS

- PCCHD implemented a navigator program that hired a
 Health Educator to talk to teens and young adults about
 their family planning visit at the clinic. The Educator
 describes what to expect, contraceptive options if
 interested and answers questions.
- PCCHD completed a teen friendly clinic makeover designed to increase comfort levels for teens visiting the clinic. The
 - makeover involved a physical makeover as well as training for staff members.
- The Youth Employment Council increased visits to the MyYouthLink.com website by over 5%. The website provides information for teens on jobs, scholarships, educational opportunities and more.

- Members of the Mentoring Collaborative tracked information on how many teens were mentored, how many adults were mentors and how many hours of mentoring is occurring monthly in Pueblo County.
- Significant decrease in teen pregnancy rates
 - o 391 fewer births from 2009-2013
 - Estimated total savings to Pueblo County = \$1,512,405



