



Peer Specialist Services at Health Solutions' Crisis Living Room

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Health Solutions Crisis Living Room is a 24/7 facility that offers a non-clinical, calm, and safe environment for individuals of all ages experiencing a situational issue, emotional upset, or personal crisis. The CLR offers both in-person and tele-health peer support services. Peer Specialists at Crisis Services are not assigned a caseload, therefore clients who utilize Crisis Services can expect to work with different Peer Specialists each time.

Peer Support Specialists have progressed in their own recovery from substance abuse or a mental health condition and self-identify as peers. Because of their own life experiences, peers can support others in crises and assist them in recovery so they can remain in their community. Crisis Peer Specialists acts as a role model, ally, mentor, planner, advocate, educator, resource connector, and tour guide for clients.

The **Crisis Living Room Peer Support Specialist**, provides the following services to clients utilizing Crisis Services:

- Support clients by offering them information and hope;
- Reassure clients through active listening and consultation;
- Locate resources and make referrals to community partners;
- Assist clients in outpatient enrollment and engagement