

PUEBLO CITY-COUNTY HEALTH DEPARTMENT

PUBLIC HEALTH DIRECTOR'S STATEMENT

Throughout Colorado, public health services are provided to all residents. These services are mandated in Colorado to be provided or assured in a community by the local health department. In addition, local public health can add specific services for its community as needed. Pueblo City-County Health Department (PCCHD) strives to meet the needs of the Pueblo community by promoting the health and protecting the environment of the residents of Pueblo.

Proudly, PCCHD celebrated the following during 2014:

- Women, Infants and Children (WIC) nationally celebrated 40 years of strengthening families through nutrition education, healthy food, breastfeeding support, and healthcare referrals.
- 2014 Award for Excellence in Partnering for sustained and exemplary collaboration between National Center for Environmental Health Agency for Toxic Substances and Disease Registry, National Center for Environmental Health and Environmental Protection Agency in response to community health concerns associated with contamination at the Colorado Smelter Site.
- Community Health Improvement Plan, working to reduce obesity, and teen and unintended pregnancies.

Successes to reduce Obesity

- Strengthened partnerships in Pueblo County to increase infrastructure encouraging physical activity.
- Accessed the food system to increase easy and affordable access to healthy food by all.
- Engaged worksites to provide physical activity to employees.
- Worked with schools to sustain on-site gardens.

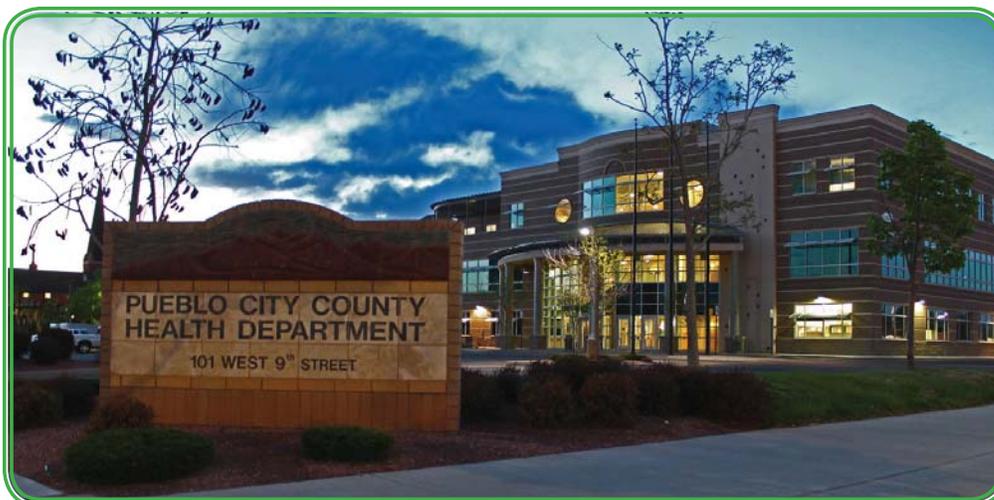
Successes to reduce Teen and Unintended Pregnancies

- Youth Employment Council created and promoted MyYouthLink.com website providing a one stop shop for teens looking for scholarships and employment resources.
- Assessed needs for parent services in Pueblo County to create a future parent resource center.
- PCCHD launched an innovative project, using a health educator to assist teens in navigating their sexual health needs. The navigator talks with teens before and after a clinic visit to discuss sexual health, risk reduction and any concerns that arise.
- PCCHD worked diligently with community, state and national partners to decrease rates among teens 15-19 years of age. The all time high rate of 84.7 births per 1000 teens age 15-19 was in 1992, but a downward trend has been occurring since that time. A total of 225% decrease has been seen overall with the 2013 data showing a continuing of the positive trend.

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Sylvia R. Proud
Sylvia R. Proud, MS, IPMA-CP
Public Health Director



Pueblo City-County Health Department • Photo by Justin Gage

PUBLIC HEALTH CHAMPION



L-R Christine Nevin-Woods, DO, MPH, Anne Courtright, Public Health Champion

Annually, the Pueblo City-County Health Department recognizes a Public Health Champion, an individual who displays significant contributions to Pueblo's public health as a role model in the Pueblo community. Dr. Anne Courtright was chosen as the 2013 Public Health Champion.

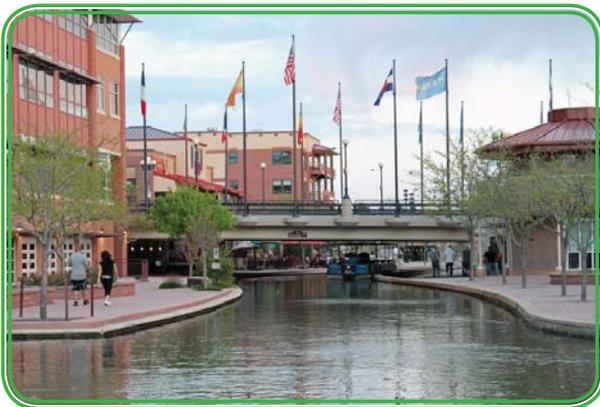


NEEDLE EXCHANGE

Pueblo County Board of Health approved a Syringe Access Program in May 2014. The Access Point Pueblo program is run by volunteers under the supervision of the Southern Colorado Aides Project. The goal of the program is to prevent the spread of HIV and Hepatitis among IV drug users. From July through November 2014, 84 individuals took advantage of this program with 10,120 clean syringes distributed and 4,685 used syringes collected.

INFLUENZA

Between October 27 and December 31, 2014, Pueblo County experienced the highest number of hospitalized Influenza cases, 103, recorded since the implementation in 1998 of the Colorado Electronic Disease Reporting System. This number exceeds all previous years for which data is available, including the 2009 H1N1 Influenza Pandemic. In addition, the majority of the patients hospitalized had multiple underlying health conditions. Twelve confirmed Influenza outbreaks were also identified during this time period, with 11 of those outbreaks occurring in local long-term care facilities.



Public Health is Pueblo's greatest asset. Photo by Justin Gage

QUALITY IMPROVEMENT AT PCCHD

PCCHD seeks to continuously improve working processes in order to improve the health of Pueblo County. One way PCCHD is doing this is through Quality Improvement (QI). Two QI projects were accomplished at PCCHD during 2014. One project to streamline purchasing by the Department, and another project to simplify the process for vendors getting temporary event food licenses.



Local Participants in an Ebola Preparedness Tabletop Exercise

EBOLA PREPAREDNESS

A multi-disciplinary team of PCCHD staff was formed to work with local hospitals and the first responder community to prepare for the possibility of Ebola in Pueblo. Education provided to community partners included hospital preparedness, proper personal protective equipment, waste management, transport, etc. A table top exercise focusing on Ebola was hosted by PCCHD with numerous community partners attending. The exercise allowed public health to evaluate Pueblo's preparedness capacity.

COLORADO SMELTER SUPERFUND SITE

PCCHD is working in collaboration with the US Environmental Protection Agency to address the concerns of the community in the project area for the Colorado Smelter Superfund Site. PCCHD was awarded a six year grant to provide education, lead paint testing, and blood lead testing for the homes and people in the project area to reduce their risk of exposure to lead.



MARIJUANA FACILITY INSPECTIONS



PCCHD began working with the City and County of Pueblo to inspect marijuana facilities for sanitation, on-site wastewater treatment system (OWTS), solid and hazardous waste disposal for compliance with the OWTS Regulations, Retail Food Establishment Regulations, Solid Waste Regulations and the Marijuana (MJ) Code. PCCHD approves marijuana establishment facilities before the City or County issues a license for a MJ facility.



WORKING WITH CHILDCARE CENTERS TO REDUCE CHILDHOOD OBESITY

PCCHD received funding from the Maternal Child Health (MCH) program at Colorado Department of Public Health and Environment to work with childcare centers to reduce childhood obesity. PCCHD MCH staff provided training to child care centers regarding responsive feeding, healthy sleep practices, limited screen time policies, healthful menus, Child and Adult Food Program outreach, and physical play opportunities. PCCHD worked with three child care centers and 14 home child care providers to develop action plans and coach staff to reach their goals.

LONG ACTING REVERSIBLE CONTRACEPTION

The State of Colorado was picked as one of two states funded by an anonymous donor to provide long-acting-reversible contraception (LARC) to women of any age who had no other resource to receive this type of birth control. From 2009-2014, Pueblo received funds for this project that supplied nearly 600 low income, uninsured, teen or undocumented women with this type of birth control. LARC products have been shown to be 20 times more effective for teens than traditional pills or shots for birth control. LARC is credited with lowering Pueblo's teen birth rates and contributing to the 40% reduction in Pueblo's teen birth rate. The donor will no longer be making funds available after 2014.

TEEN FRIENDLY CLINIC



Clinic Room Before Remodeling

PCCHD was one of two Title X Family Planning clinics in Colorado to receive a small grant to remodel the Family Planning clinic rooms. The result of the remodel is clinic rooms with a modern and relaxing look for client comfort.



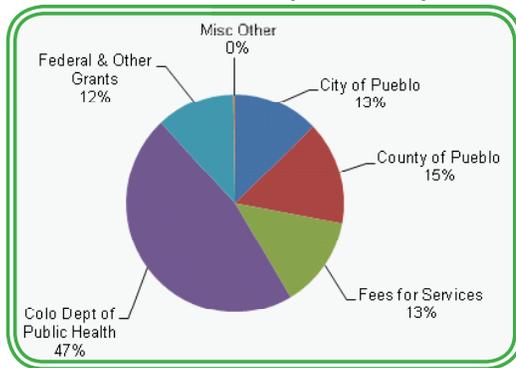
Clinic Room After Remodeling

WIC EDUCATION

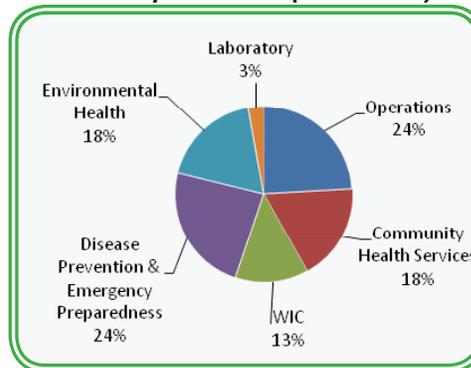
The Women, Infants and Children (WIC) program has been around for many years, it is always changing and adding new ways to benefit the health and well being of some of Pueblo's most valuable assets – pregnant women and children under the age of five. Qualified recipients receive food vouchers but also receive education about nutrition and how to improve healthy eating habits each time they come in to obtain the food vouchers. WIC, statewide, has implemented a program that allows parents to receive online education in the form of videos with a wide variety of topics such as, make meals simple, picky eaters, making meals family time, keeping food safe and many more. All the videos are also available in Spanish. When families log in and watch a video, the education part of the in-person visit is no longer required and the office visit can be made quickly. WIC participants can also watch the videos over if they missed something and each session has links to further resources.

PCCHD...YOUR HEALTH DEPARTMENT

2014 Revenues (unaudited)



2014 Expenditures (unaudited)



ADMINISTRATION

Sylvia Proud, MS, IPMA-CP,
Public Health Director
Lynn Procell, MS, BSN, RN,
Community Health Services Director
Ken Williams, BS,
Interim Environmental Health Director
Jody Carrillo, MS, BSN, RN,
Disease Prevention & Emergency
Preparedness Director
Christine Nevin-Woods, DO, MPH,
Medical Officer

BOARD OF HEALTH

Eileen Dennis, RN, *President*
Michael J. Nerenberg, MD,
Vice President
Ed Brown,
Pueblo City Council
Terry A. Hart, Pueblo County
Commissioner
Donald Moore

MISSION

Pueblo City-County Health Department is a vital asset, committed to promoting and protecting the health and environment of the community through prevention, partnerships, leadership and enforcement.

VISION

Pueblo County will be a thriving, clean and safe Colorado community, proud that it exemplifies self-responsibility, active living and optimal health.

Report compiled and distributed by the Public Information Office at PCCHD. View the complete report at www.pueblohealthdept.org.

Select Public Health Services Provided

	<u>2014</u>	<u>2013</u>	<u>2012</u>
Animal Bites	495	466	475
Childcare Center Inspections	51	55	60
Family Planning Program Clients/Visits	1,995	2,768	3,707
Immunizations given, total	2,917	1,931	2,367
Children immunizations	1,763	765	941
Adult immunizations	896	774	1,054
Travel immunizations	258	392	372
Communicable Diseases (including TB)	258	370	336
Health Care Program for Children			
with Special Needs clients:	358	394	373
Rabid Animals:			
Submitted for testing	105	68	87
Positive rabid skunks	1	0	17
Positive rabid bats	14	4	7
Restaurant/Food Establishment Inspections	1,409	1,716	1,799
Special Event Food Inspections	509	952	1,402
Septic System Permits Issued:			
New installation permits	80	70	67
Remodel permits	63	65	60
Repair permits	14	13	10
Vital Statistics, total certificates issued	18,620	17,414	17,515
Birth certificates	6,831	6,604	6,658
Death certificates	11,789	10,810	10,857
WIC – Total clients/contacts	7,698	5,010	5,230
WIC – Total food voucher retail value	\$3,200,000	\$3,279,218	\$3,424,930
Population Base	161,875	158,000	158,000

