

**In addition to continuing much of the work previously described, the following new activities will be started in 2015.**

- A parent resource center will be opened in partnership with Spanish Peaks Behavioral Health Center to provide parents with resources and information on being the best parent possible.
- The Mentoring Collaborative will work to provide training to members and move toward standard mentoring practices.
- The Youth Employment Council will work to improve their relationships with employers and education in order to improve teens ability to find jobs and continue their education.
- Conversations will continue with faith-based leaders on topics related to positive youth development.

# 2014 Successes

## Reducing Teen and Unintended Pregnancies in Pueblo County



**Summary of  
Progress in 2014  
and Focus of New  
Efforts in 2015**

### **Pueblo City-County Health Department**

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Pueblo, CO 81003

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February 2015



In 2013 the Pueblo City-County Health Department (PCCHD) finalized a process driven by the community to select and determine how to address health issues in Pueblo County. The process included a state mandated Community Health Assessment and the creation of a five-year Community Health Improvement Plan.

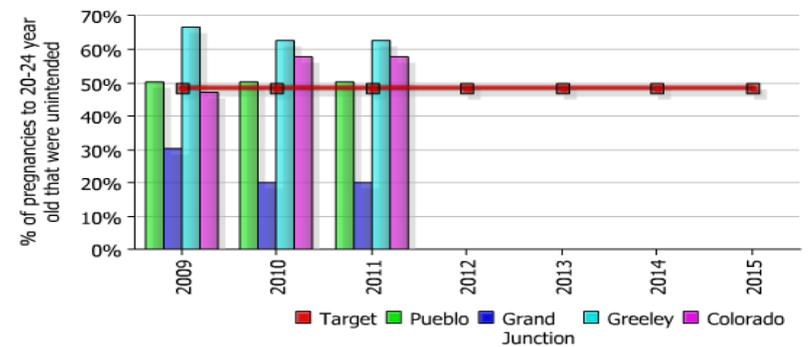
The community identified two priorities to focus on from 2013-2017. Those priority areas were *obesity* and *teen and unintended pregnancies*. 2014 marks the second year of implementing the plan.

## ACCOMPLISHMENTS

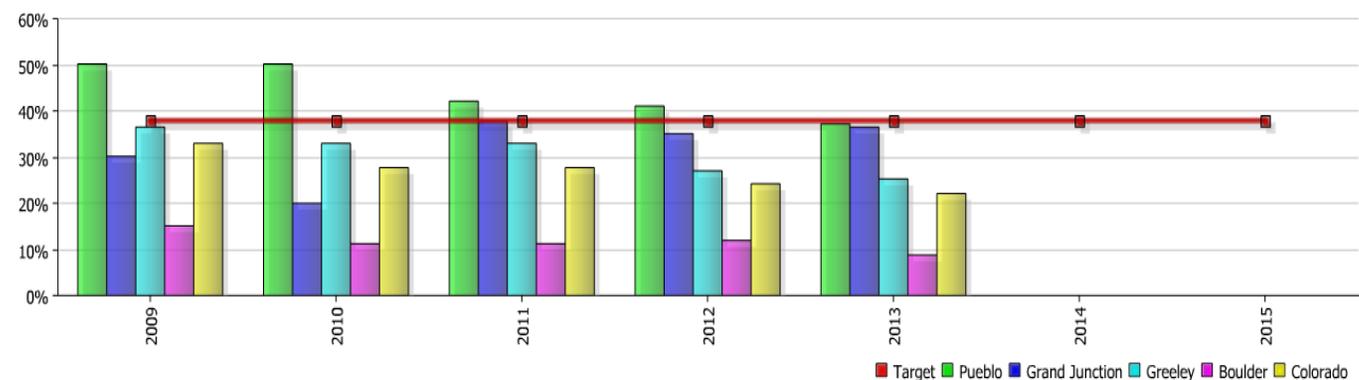
- PCCHD implemented a navigator program that hired a Health Educator to talk to teens and young adults about their family planning visit at the clinic. The Educator describes what to expect, contraceptive options if interested and answers questions.
- PCCHD completed a teen friendly clinic makeover designed to increase comfort levels for teens visiting the clinic. The makeover involved a physical makeover as well as training for staff members.
- The Youth Employment Council increased visits to the MyYouthLink.com website by over 5%. The website provides information for teens on jobs, scholarships, educational opportunities and more.

- Members of the Mentoring Collaborative tracked information on how many teens were mentored, how many adults were mentors and how many hours of mentoring is occurring monthly in Pueblo County.
- Significant decrease in teen pregnancy rates
  - 391 fewer births from 2009-2013
  - Estimated total savings to Pueblo County = \$1,512,405

Reduce unintended pregnancies among 20-24 year olds from 53.3% to 48.3%.



Reduce teen (15-19 year old) fertility rate from 41.6 per 1,000 to 38 per 1,000.



**NEW in 2016**

- Work with schools and local organizations to ensure parents have information on available reproductive health resources for teens and young adults.
- Continue to promote education, scholarship and career opportunities available to youth through the My Youth Link website and resource fair.
- Focus on standardization among mentor programs and increasing the number of youth with a mentor in Pueblo County.



# 2015 Successes

## Reducing Teen and Unintended Pregnancies in Pueblo County



Summary of  
Progress in 2015  
and Focus of New  
Efforts in 2016

### Pueblo City-County Health Department

101 West 9th Street  
Pueblo, CO 81003

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March 2016



In 2013 the Pueblo City-County Health Department (PCCHD) finalized a process driven by the community to select and determine how to address health issues in Pueblo County. The process included a state mandated Community Health Assessment and the creation of a five-year Community Health Improvement Plan.

The community identified two priorities to focus on from 2013-2017. Those priority areas were *obesity* and *teen and unintended pregnancies*. This is a summary of progress made in 2015 related to teen and unintended pregnancies and where new efforts will be focused in 2016.

## SUCCESSES

### Access to Reproductive/Sexual Health Services

- Identified barriers for youth and young adults accessing reproductive health services.
- The Family Planning Clinic at PCCHD increased use by teens through a media campaign and Navigator that worked one-on-one with youth to help them use clinic services.
- Gave information to local medical providers that see youth on how to make their clinics more youth friendly and reduce barriers for teens using their services.

### Positive Youth Development

- Held a Youth Resource Fair to provide information to local teens on services and programs available to them.
  - 130 youth attended and interacted with over 30 programs/organizations.

### Mentoring

- The Pueblo Mentoring Collaborative received training and began to align efforts with state recommendations.

### Parenting Programs

- A curriculum was selected to provide resources to parents using Health Solutions' services. The curriculum will assist parents with helping their children succeed and have the best relationship possible.
- Incentives provided to area parents to take family support classes.

