



*Community Resources*  
*For Mental*  
*Health/Addiction &*  
*Recovery*

For the Denver, Castle Rock, Monument,  
Colorado Springs, Teller County, Fountain,  
& Pueblo County Areas

## **MENTAL HEALTH**

A New Dawn Psychotherapy- Trauma Specialist	303-910-1148
Barbara C. Murray- Trauma , sex addiction	719- 671-2871
Beyond Beautiful Counseling	719-598-7800
Bohemian Sanctuary GLBTQ	719-313-8490
Co-Prevention Strategies-Presentations	719-210-2171
Da Vinci Aromatherapy Dough	303-456-2928
Depression Bipolar Support Alliance (DBSA)	719-477-1515
Denver Counseling Solutions	720-608-0379
Due North Life Coach- Specialty with GLBTQ	719-640-1200
Equinox Counseling & Wellness Center	303-861-1916
Fulfillment Counseling & Life Coaching	866-413-2279
Health Solutions	719-545-2746
Heart and Soul Counseling Services	719-488-3333
Heart-Hands-Healings Addiction & MH	719-432-5000
Hill & Hawker Professional Counseling	719-247-3472
Jeri Sutton-Shores, LPC, EMDR	719-475-1434
Mental Health Walk in crisis center Denver	844-493-8255
National Alliance on Mental Illness Denver	303-504-6545
National Alliance on Mental Illness CS	719-473-8477
New Heights Behavioral Health (Disabilities)	719-344-6379
Parker Professional Psychological Services	303-325-1087
Peterson Family Counseling	720-541-6289
Regis University Division of Counseling	719-264-7027
The Counseling Couch	719-473-6612
Triumph Counseling- Monument	605-842-5673

## **ADDICTION & RECOVERY**

Achieve Whole Recovery	719-357-7286
A Turning Point	719-337-4310
Alcoholics Anonymous	719-573-5020
Al-non-& AL-A-Teen	719-632-0063
Ayuda- MH, SBTX Spanish Speaking	719-459-6710
Brain and Body Integration	719-357-6471
Crossroads Turning points Pueblo	719-924-9511
El Paso County Detox Center	719-390-2046
INNOVA Recovery Service (Monument)	719-445-9330
Kirsten Bilzing subtx use & relation recovery	719-229-3012
Landmark Community School	719-632-5112
Lifted From The Rut Addiction Services	970-331-4469

Sandstone Care- MH, SBTX	720-642-8335
Sobriety First Sober living home	720-331-8925

### **SHELTERS**

Age road UMC shelter Woodland Park	301-422-2132
Catholic Charities	720-215-4521
Crawford House Vet Shelter	719-477-1639
DC Cares	303-660-7460
Douglas Elbert Task Force	303-688-1114
Family Promise of Colorado Springs	719-329-1244
Family Tree for families and youth	303-422-2133
Mercy Housing	303-830-3300
Parker Task Force	303-841-3460
Pikes Peak united way homeward pikes peak	719-375-8794
Salvation Army	719-578-9190
SECOR	720-842-5621
Shelters in Pueblo	719-545-8195
Springs Rescue Mission	719-632-1822
Urban Peak for Youth Cs	719-630-3223
Urban Peak for Youth Denver	303-974-2908
Veterans House	719-667-5588
Winter Shelter Network	720-485-1008
Winter Warming Shelter, New Hope Center	719-578-9190

### **HELP LINES/HOT LINES**

American Cancer Society	1- 800-227-2345
Aspen Pointe Crisis Center	719-635-7000
Cocaine Anonymous Hotline	719-448-0110
Colorado Mental Health Crisis & Support	844-493-8255
Colorado Quit Line	1- 800-784-8669
Crystal Meth Anonymous	719-440-4282
Energy outreach Colorado	303-825-8750
Human Trafficking Resource Center Denver	1-866-455-5075
LEAP Emergency heat assistance	719-442-0007
Metro Crisis Services	1- 888-885-1222
Partnership for Prescription Assistance	1 888-477-2669
Pikes Peak United Way Info and Referral Line	211
Safe 2 Tell Colorado	1-877-542-7233
Suicide Prevention Lifeline	1-800-273-TALK (8255)
Tessa Center for Domestic Violence 24/7	719-633-3819

### **AGENCIES/CENTERS**

Aspen Mine Center resources for Teller County	719-689-3584
Cares program (help with non-emerg serv)	719-493-0765
Catholic charities of Castle Rock	720-215-4521
Center on Fathering	719-634-7797
Colorado Autism Center	719-313-2709
Colorado Coaliton for homeless clinic	303-291-5165
Community of Care Network	303-660-7460
Community Partnership Family Resource Center	719-686-0705
Comom-Free Dental for Children/Adults	719-598-5161
Centro de la Familia Therapists speak Spanish	719-227-9170
Denver Housing Authority	720-932-3000
Department of Human Services (DHS)	719-648-6420
Division of Vocational Rehabilitation	719-635-3585
Douglas County Dept of Human Services	303-814-5356
Dream Centers- services for women & kids	719-388-1594
Eating Disorder Centers- Colo Sprgs, Denver	866-771-0861
Ecumenical Social Ministries	719-228-6797
Finding our voices (FOV)	719-636-5065
Fountain Valley Senior Services	719-520-6471
Give yourself credit (Help with credit)	719-201-8046
Homeless Medical Clinic	719-471-2789
Inner City Health Center	303-296-1767
Inside Out Youth Services for GLBTIQ youth	719-328-1056
Kids in need of Dentistry	719-227-1018
Marion House SET Clinic	719-475-2097
Mission Medical Clinic	719-219-3402
Northern Churches Care	719-277-7470
One Nation Walking Together	719-329-0251
Partners in Housing	719-473-8890
Path2empathy-Educate, Experience, Empower	719-629-8206
Peak Parent Center- Disability Advocates	719-531-9400
Peak Vista Community Health Centers	719-632-5700
Pikes Peak Southern leadership	719-368-6423
Pikes Peak Workforce Center	719-667-3775
Planned Parenthood	719-475-7162
Pueblo City-County Health Dept	719-583-4330 or -4363
Pueblo DHS	719-253-7850
Reach Pikes Peak (resources for those in need)	719-358-8396
Second Chance Through Faith- gang prev prgrm	719-313-9581
Senior Information and Assistance Center	719-471-2096
SET Family Medical Clinic	719-776-8850
Southern Colorado Aids Project (S-Cap)	719-578-9092
Stout Street Clinic	303-293-2220
The Shandy Clinic	719-205-8841
TLC Pharmacy	719-596-4449
Tri- County Health Center- Castle Rock	303-220-9200

Veronica Moya licensed daycare provider 719-473-5569

**Military/ Veterans**

Army Community Services 719-526-4590  
Calhan Soaring Eagles Ranch 719-557-1738  
Christian Ministry for Vets by Vets 719-201-7135  
Colorado Springs Vet Center 719-471-9992  
DAV Colorado Springs 719-380-8005  
Denver VA 303-399-8020  
DOD Safe Helpline 877-995-5247  
Douglas County Veterans Services 303-688-4825  
Family Care Center 719-322-6304  
Freedom Hunters 719-661-3500  
Give an Hour 720-772-1414  
Mt Carmel Center of Excellence 719-309-4714  
Point Man Ministries- Monument 719-205-8397  
Pueblo Outpatient Clinic 800-369-6748  
Rocky Mountain Human Services 719-323-2600  
Teller County Veteran Services 719-686-5526  
The Home Front Cares 719-434-1407  
TREA- The Enlisted Association Chapter 1 719-494-6647  
USAFA SARC 24 HR Hotline 333-SARC (7272)  
VA Choice Program 866-606-8198  
VA Homeless Veterans Program 719-667-5588  
VFW- Fountain 719-382-7957  
Veterans Administration 719-327-5697  
Veterans in Charge 719-471-8181  
Welcome Home Warrior 719-439-3621

**Behavioral Health Hospitals**

Betty Ford Center 303-745-2275  
Cedar Springs Hospital 719-633-4114  
Highlands Behavioral Health 720-348-2800  
Parkview Behavioral Health 719-584-4000  
Peak View Behavioral Health 719-444-8484  
The Meadows 866-330-1524  
The Recovery Village 719-884-0063