



NEWS

www.pueblohealthdept.org

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Pueblo to host Southern Colorado's First Lactation Counselor Course

A training to provide lactation education to community members and healthcare providers who work with moms and babies who breastfeed in Southern Colorado will be held July 11-15, 2016, scholarship applications are due Tuesday, March 1, 2016.

"Breastfeeding rates in Southern Colorado are some of the lowest in Colorado and resources to help mother's breastfeed are also limited," stated Jen Sloan, chair of the Pueblo Breastfeeding Coalition, the organization hosting the training with Le Leche League of Pueblo. Sloan added "This class will increase the number of people in Southern Colorado who can support breastfeeding mothers and increase the rate of breastfeeding overall. We encourage RN's, WIC educators, Registered Dietitians, midwives, Physician Assistants and Nurse Practitioners to enroll in this course."

"This is the first time this training will be held in Pueblo. The Certified Lactation Counselor training has been primarily held in Northern Colorado, which makes access for smaller counties with limited resources difficult to send people for breastfeeding education," explained Sloan.

The course will occur over a five-day period, Monday, July 11 through Friday, July 15, 2016 at St. Mary-Corwin Medical Center in Pueblo 8:15a.m. – 4:30 p.m. The course will be taught by the Healthy Children's Center for Breastfeeding. Attendees must sign up by July 10, 2016. Class size is limited to 65 slots. The cost of the training is \$625 (early bird special \$575). In an effort to defray costs for individuals interested in this educational opportunity, the Pueblo Breastfeeding Coalition is offering individual scholarships. There are 17 scholarships available for \$300 each. Scholarship applications are due by Tuesday, March 1, 2016.

Continuing education credits are available: Contact Hours: RNs: 45; RDs: 45; IBCLCs: 45 L-CERPs; College Credits: 3, MCH 330

"Over the past three years the Pueblo Breastfeeding Coalition and La Leche League of Pueblo have hosted multiple fundraisers to bring this great educational opportunity to Southern Colorado. We thank the community and businesses for supporting breastfeeding in Pueblo," exclaimed Sloan.

Course registration and conference details are available from Healthy Children's Center for Breastfeeding www.healthychildren.cc/Education.htm. For scholarship applications, donations or additional information regarding lodging, class content, contact Jen Sloan pbciensloan@gmail.com.

For additional information about this training opportunity call Sonja Lindsay-Crites at the Pueblo City-County Health Department's WIC office (719)583-4399.

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