

June 2019

Pueblo County



Stall Talk



Welcome to Stall Talk!

Stall Talk is a monthly publication promoting *healthy and safe* lifestyles to County Employees & their families.

Expect to see this monthly!
Created through your HR Department

 **Bike to Work Day is June 26, 2019!** 

For more information, *like* Active Pueblo—PACE on Facebook!

Pueblo has a variety of Bike Clubs for any fitness level.

For more information contact Mary in HR:
faccianim@pueblocounty.us or ext.6503.



Stall Talk Questions?
Contact Mary in HR
faccianim@pueblocounty.us
or ext.6503



If you have the County's Health Insurance you may qualify for:

CONDITION CARE

Get support from a dedicated nurse team if you have a diagnosis of asthma, diabetes, heart disease, or heart failure; *at no additional expense.*

For more information call **866-962-0953.**



July: Workplace Safety Month

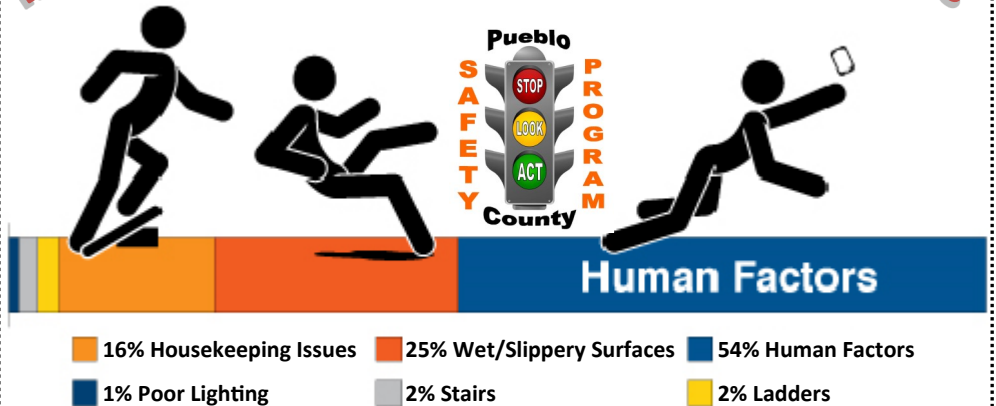
July 1-July 31: Grand Slam Safety Challenge

July 24: Safety Fair

August 23: \$10,000 team weight loss challenge begins.

September 14: Corporate Cup Kick-Off!

Recent studies show the most frequent factors in a slip, trip, or fall include:



Pay attention to your surroundings and always remember to:



? Contact **?**
HRBenefits@pueblocounty.us
for **any** of your Health Benefit questions!

Attention: All material, offers, and benefits provided in Stall Talk are applicable to Pueblo County Employees only.