

# 2016 Successes



**Reducing Teen and  
Unintended Pregnancy  
In Pueblo County**

**Summary of  
Progress in 2016  
and Focus of New  
Efforts in 2017**

In 2013, the Pueblo City-County Health Department finalized a process driven by the community to select and determine how to address health issues in Pueblo County. The process included a state mandated Community Health Assessment and the creation of a five-year Community Health Improvement Plan.

The community identified two priorities to focus on from 2013-2017. Those priority areas were obesity, and teen and unintended pregnancies. Below is a summary of progress made in 2016 and where new efforts will be focused in 2017.

## SUCSESSES

### ***Positive Youth Development***

- A matrix outlining community resources available for youth was updated and will be published on a community website. The matrix can be used by youth and adults working with youth to find relevant resources.
- Youth Awareness Week was held the last week of September. 26 agencies held events that promoted services for youth or were fun activities for youth.
- A Youth Resource Fair was held to provide information to local teens on services and programs available to them. A youth forum was also held before the fair with a panel of youth and organizational representatives discussing issues facing youth.
  - 250 people attended and could interact with over 34 programs/organizations.
- An “I love Pueblo because” campaign gathered input from the community about the good qualities of Pueblo. The campaign featured pictures of community members holding up signs about the good quality. These pictures were converted to a movie that debuted at the Youth Resource Fair.

## ***The Pueblo Mentoring Collaborative***

- Hosted the first Mentor Appreciation Dinner with over 100 mentors and mentees present to celebrate mentoring in the community.
- The United Way Middle School Mentoring Program added one school bringing the total number of schools to five.
- The Pueblo Fire Department began a Fire Fit Kids Program which rotates among city fire stations each month and provides kids an opportunity to complete an obstacle course and get a tour of a fire station.
- The Pueblo Fire Department also implemented “Lunch with First Responders” program. Fire fighters visit various schools, have lunch with the kids and participate in recess to get kids moving.



## ***Parenting Programs***

- A Parent Resource Center was established at Health Solutions to provide resources to parents to assist them with helping their children succeed and have the best relationship possible.
- 192 families with a total of 423 children completed parenting programs and received incentives for completing the courses.
  - Funding to continue the incentives has been established and will continue in 2017.

## New in 2017

- Promote education, scholarship and career opportunities available to youth through a resource fair, non-traditional job fair, website development, and promotion.
- Mentoring
  - Gather data on the impact mentoring has on the community, numbers of mentors/mentees and pro-social events.
  - Expansion of the fire department program to include a formal mentoring component
  - Training and networking among agencies providing mentoring services in Pueblo.



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March 2017