



What Can You Do To Address Teen and Unintended Pregnancies?

Business

- Review reproductive health care coverage with your employees and ensure they know what their family's coverage is as well.
 - Children are now covered up to age 26 on their parents health plans.
- Allow students to shadow you or one of your employees so they can get experience and encouragement to continue and finish school.
- Host a lunch-and-learn for employees to learn how to talk to their children about reproductive health and their values.
- Consider joining Executives Partnering to Invest in Children (EPIC) by contacting Burnie Zercher at burnie@icmpueblo.com

Schools

- Have your college students complete the four part on-line course "First Year Experience" that encourages students to prevent unplanned pregnancies: thenationalcampaign.org/colleges/
- Refer college age students to Beforeplay.org to get information on how to talk to friends, partners, health care providers and family about pregnancy, birth control and STDs.
- Refer to the 40 Development Assets to ensure children have what they need to grow up healthy, caring and responsible. Evidence shows having a caring adult in a child's life is beneficial: search-institute.org/content/40-developmental-assets-adolescents-ages-12-18 Get trained in order to appropriately teach students about their bodies and reproductive health.
- Get trained in order to appropriately and comfortably teach youth about their bodies and reproductive health: Contact Kristi Roque at 583-4363 or kristi.roque@co.pueblo.co.us

Individuals

- Start the conversation with your friends and family.
 - Talking about the issue raises awareness and encourages people to address the issue.
 - Visit The National Campaign to Prevent Teen Pregnancy for tips: thenationalcampaign.org
- Become a mentor
 - Contact Lynn Procell at 583-4368 or lynn.procell@co.pueblo.co.us for information on mentoring programs.
- Refer to the 40 Development Assets to ensure children have what they need to grow up healthy, caring and responsible: search-institute.org/content/40-developmental-assets-adolescents-ages-12-18
- Refer older youth and young adults to Beforeplay.org to get information on how to talk to friends, partners, health care providers and family about pregnancy, birth control and STDs.
- Serve on a teen and unintended pregnancy work team committee for access to care, implementing comprehensive health education in schools, mentoring and parenting programs, or positive youth development.



** There are local events occurring that need support to keep them operating and to ensure they are reaching the intended population. Consider supporting these programs with your time, talents or financially.