

Community Resource Glossary

Note: This is a “living” document. That means it will be changed and updated periodically by PDPHE staff.

Harm Reduction

What is harm reduction?

[According to Harm Reduction International:](#)

Harm reduction refers to policies, programs and practices that aim to minimize negative health, social, and legal impacts associated with drug use, drug policies and drug laws. Harm reduction is grounded in justice and human rights - it focuses on positive change and on working with people without judgement, coercion, discrimination, or requiring that they stop using drugs as a precondition of support.

Pueblo Resources

[Access Point Pueblo](#) 807 N. Greenwood St. Suite 200, Pueblo, CO 81001. Phone: 719-621-1105

Program Days: Tuesdays and Thursdays, 10AM – 12PM, 1:30PM – 4PM

Services: Syringe access program, Free HIV and Hepatitis C testing and referral, Case Management, and Overdose response training using Naloxone.

[Southern Colorado Harm Reduction Association](#)

1249 E Routt Ave., Pueblo, CO 81004. Phone: (719) 289-7149

Services: Syringe Access Program (SAP), Acudetox, Brain Synchronization Therapy (BST), Naloxone (Narcan), Distribution and Training, Peer Coaching, Free HIV/HEP C Testing, Free Snacks, Clothing, Hygiene Supplies, Case Management, Compassion and support for all who walk through our doors.

Human Trafficking

What is human trafficking?

[According to National Human Trafficking Hotline](#)

Human trafficking is the business of stealing freedom for profit. In some cases, traffickers trick, defraud or physically force victims into providing commercial sex. In others, victims are lied to, assaulted, threatened or manipulated into working under inhumane, illegal or otherwise unacceptable conditions.

Who is vulnerable to trafficking? Generational trauma, historic oppression, discrimination, and other societal factors and inequities create community-wide vulnerabilities. Traffickers recognize and take advantage of people who are vulnerable.

People may be vulnerable to trafficking if they:

- Have an unstable living situation
- Have previously experienced other forms of violence such as sexual abuse or domestic violence
- Have run away or are involved in the juvenile justice or child welfare system
- Are undocumented immigrants
- Are facing poverty or economic need
- Have a caregiver or family member who has a substance use issue
- Are addicted to drugs or alcohol

MAT – Medication Assisted Treatment

What is medication assisted treatment?

[According to SAMHSA, Substance Abuse and Mental Health Services Administration](#)

Medication-assisted treatment (MAT) is the use of medications, in combination with counseling and behavioral therapies, to provide a “whole-patient” approach to the treatment of substance use disorders.

MAT is primarily used for the treatment of addiction to opioids such as heroin and prescription pain relievers that contain opiates. The prescribed medication operates to normalize brain chemistry, block the euphoric effects of alcohol and opioids, relieve physiological cravings, and normalize body functions without the negative and euphoric effects of the substance used.

Safe Use, Storage, and Disposal

What is safe use, storage, and disposal?

[According to the American Academy of Orthopaedic Surgeons:](#)

Safe Use – Taking medication only as prescribed.

Safe Storage – Keeping medications hidden or stored securely in a place where only the patient can access them.

Safe Disposal – Taking any unused or expired medications to your local medication take-back location, such as a pharmacy or police station.

Resources

[Local Drop-Off Locations:](#)

Kaiser Permanente Pharmacy
3670 Parker Blvd Ste 200
Pueblo, CO 81008
719-595-5367, call for hours

St. Mary-Corwin Emergency Department, 1008 Minnequa Ave.
open 24 hours daily
1-800-228-4039

Walgreens Pharmacy, 1013 Bonforte Blvd.
open 7 days a week, 7:00 AM – 10:00 PM
719-544-9998

Walgreens Pharmacy, 2900 W. Northern Ave.
open 24 hours daily
719-561-9728

Some medication deactivation products available online:

- Deterra
- Drug Buster
- Element MDS
- Pill Terminator
- Rx Destroyer

Check out the [FDA Flush List](#) to find out which medications are recommended for disposal by flushing.

Substance Use Disorder (SUD) and Co-occurring Disorders

What is a co-occurring disorder?

According to SAMHSA:

The coexistence of both a mental health and a substance use disorder is referred to as co-occurring disorders. Mental health and substance use disorders affect people from all walks of life and all age groups. These illnesses are common, recurrent, and often serious, but they are treatable and many people do recover.

General Resources

[Pueblo Rehab Resources - Drugs and Alcohol](#)

[Community Reinforcement and Family Training in Pueblo](#)

[Substance Abuse and Mental Health Services Administration National Helpline - Treatment Referral and Information Service, available 24/7 , 365](#)

[OpiRescue - Free overdose support tool and downloadable app.](#)

[More free apps for substance use recovery](#)

[Local Counseling and Mental Health Services](#)

[Colorado Crisis ServicesColorado Quit Line - Be Tobacco Free](#)