

General Isolation and Quarantine Guidance by Vaccination Status

This guidance applies to the general public within Pueblo County. If you live or work in a high-risk setting, contact public health for additional guidance. Guidance is subject to change as information is updated.

	Isolation/ Quarantine	Get Tested	Unvaccinated/Partially vaccinated	Fully vaccinated*													
Positive for COVID-19	Isolation	N/A	Immediately exclude the individual. The individual should stay separated from people in their home who are healthy until they have had no fever for at least 24 hours (without the use of fever-reducing medicines), AND symptoms have improved, AND it has been at least 10 days since symptoms began or test date if asymptomatic.														
Exposed to COVID-19 and symptomatic	Isolation	Yes	Immediately exclude the individual. Refer for testing (PCR or antigen). If positive, continue isolating. If negative, stay at home until your symptoms have resolved or the quarantine period is completed, whichever is longer, or an alternate diagnosis by a licensed medical professional has been received.	Immediately exclude the individual. Refer for testing (PCR or antigen). If positive, continue isolating. If negative, stay at home until symptoms resolve or an alternate diagnosis by a licensed medical professional has been received. Consider testing again if symptoms persist. Contact public health for additional guidance.													
Symptomatic, No known COVID-19 exposures	Isolation	Yes	Immediately exclude the individual. If positive, isolate at home. If negative, remain at home while symptomatic and check with your workplace on the return to work policy and guidance. Individuals with compatible symptoms who are awaiting test results must self-isolate at home away from others and may not discontinue isolation early without an alternate diagnosis from a licensed healthcare provider (primary care provider) or a negative PCR test.														
Exposed to COVID-19 and asymptomatic	Quarantine	Optional	A 14-day at home quarantine is required. Monitor health daily for symptoms. If symptoms begin, self-isolate away from others in the household and get tested. If you remain asymptomatic for the entire 14-days, you may return to work and normal business on day 15.	A 14-day at home quarantine is not required. Properly wear an approved, well-fitted, face covering in indoor spaces for 14-days after your last known exposure. Monitor your health daily for symptoms and seek testing 5-7 days after your exposure or at any time during the 14-days if you become symptomatic.													
Quarantine Options:			Days Since Last Known COVID-19 Exposure														
			0	1	2	3	4	5	6	7	8	9	10	11	12	13	14
14-day at home Quarantine (Unvaccinated or partially vaccinated)																	
14-day Symptom Monitoring** (Fully vaccinated)								Best practice and optimal time to test if asymptomatic.									

*An individual is considered fully vaccinated at the time of an exposure if it has been 2 weeks since the second dose in a 2-dose series or 2 weeks after a single dose in a 1-dose series.

** When an individual is not conducting an at home quarantine, this is a modified quarantine for fully vaccinated individuals, the individual must continue to monitor their health for symptoms through day 14, while properly wearing an approved well-fitted face covering for the entire 14-day period, while out in public. Immediately self-isolate and seek testing if symptoms develop at any time during the 14-day period after an exposure occurs.