

2021 Community Health Assessment

Planning



- Assembled a team from public health, hospitals, social services, higher education, community members, and more
- Selected a framework focused on social determinants of health (SDOH). SDOH are conditions in the environments where people are born, live, work, play, worship, and age that affect health.
- Determined what data needed to be collected
- Created data collection tools

Data Collection



- Asked 29 community leaders who work in the areas of obesity and behavioral health about the top risk factors, barriers to improvement, priority groups to focus on, and opportunities for improvement
- Heard from 725 community members on what's working, reasons why healthy eating, active living, and behavioral health care are difficult, and what improvements may have the most impact
- Collected 160+ data points on things such as economy, education, social factors, health conditions, etc.

Analysis & Interpretation



- Data were organized according to the five SDOH domains or categories: Health Care Access and Quality, Neighborhood and Built Environment, Social and Community Context, Economic Stability, and Education Access and Quality
- Data were reviewed to document areas of commonality, identify gaps, and determine population groups disproportionately affected.

Prioritization



- Planning Team members used criteria to determine the top contributing factors for obesity and behavioral health, which demographic groups should be focused on, and which SDOH domain(s) the work should primarily happen in

Prioritized Items

	Obesity	Behavioral Health
Contributing Factor	<ul style="list-style-type: none"> • Lack of access to affordable, health foods 	<ul style="list-style-type: none"> • Adverse childhood experiences (ACEs)
Population	<ul style="list-style-type: none"> • Youth 	<ul style="list-style-type: none"> • Youth • Pregnant women & young moms
SDOH Domain	<ul style="list-style-type: none"> • Neighborhood and Built Environment • Economic Stability 	<ul style="list-style-type: none"> • Economic Stability • Social and Community Context • Health Access and Quality