

# Pueblo County Data Brief - Neighborhoods

The Pueblo Department of Public Health and Environment (PDPHE) partners with various county-wide organizations and individuals to complete community health assessments (CHA). Community input and participation are essential to ensure the process is community-driven and results reflect the needs and perspective of Pueblo County residents. The 2024 CHA was a joint effort with four additional health agencies in Pueblo County to ensure a community-wide, collective impact approach.

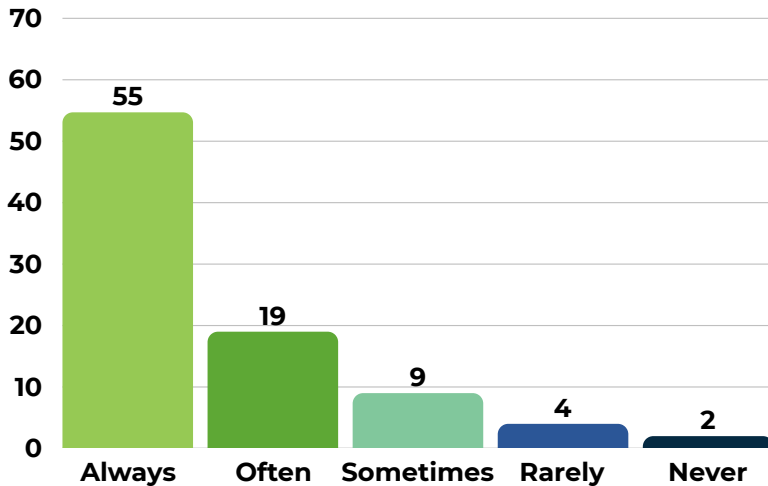
**This brief highlights data from all of Pueblo County, broken down by zip code.**

Neighborhood Name	Zip Codes Included
Pueblo West	81007
Mountain Neighborhoods	81023, 81019, 81069
Southside	81004, 81005
County	81006, 81022, 81025, 81039
Eastside/Belmont	81001
Downtown/Northside	81003

## Neighborhood Strengths

- **Pueblo West** - Access to parks and green spaces
- **Mountain Neighborhoods** - High mental health rating, access to parks & green spaces
- **Southside** - Access to care, access to public libraries, community spaces, education
- **County** - Access to care, high mental health rating, high connection to others, quality medical care
- **Eastside/Belmont** - Feeling safe in your home
- **Downtown/Northside** - Access to parks and green spaces, access to public libraries, community spaces, education

**Pueblo West - Access to Care**



**Top 3 Life Stressors**

- Cost of living
- Financial obligations
- Work or school stress

**Top 3 Health Issues**

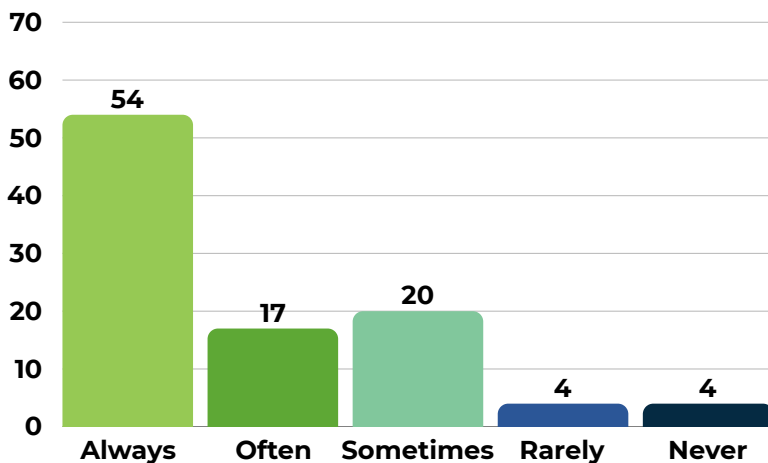
- Anxiety
- Depression
- Chronic Pain

**Area for Improvement**

Feeling safe in public spaces (not worrying about gun violence, etc.)

**Mountain Neighborhoods**

**Mountain Neighborhoods - Access to Care**



**Top 3 Life Stressors**

- Cost of living
- Financial obligations
- Family-related issues

**Top 3 Health Issues**

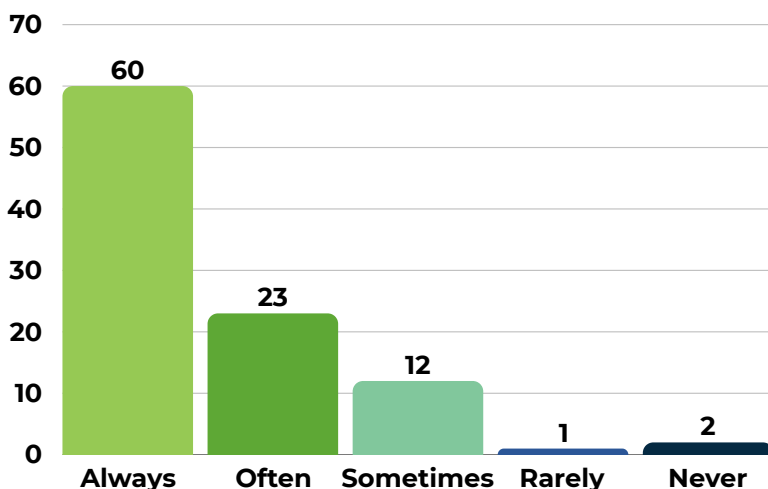
- Anxiety
- Chronic pain
- Chronic stress

**Area for Improvement**

Access to quality public transportation

**Southside**

**Southside - Access to Care**



**Top 3 Life Stressors**

- Cost of living
- Financial obligations
- Work or school stress

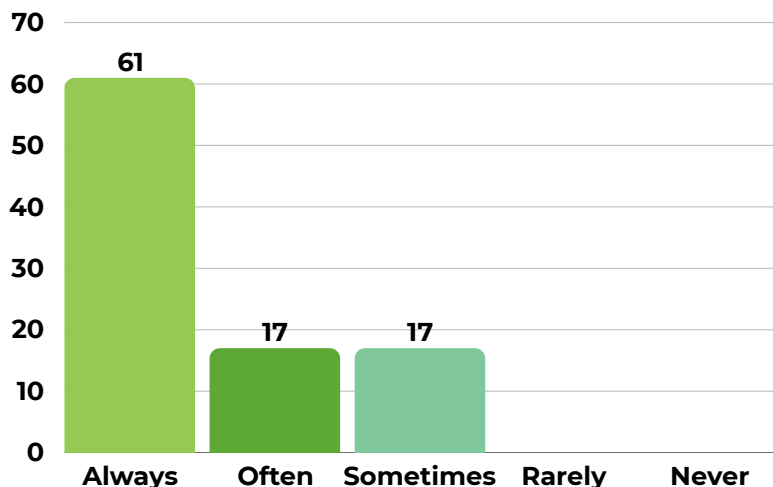
**Top 3 Health Issues**

- Anxiety
- Depression
- Chronic Pain

**Area for Improvement**

Access to affordable housing

**County - Access to Care**



**Top 3 Life Stressors**

- Financial obligations
- Neighborhood crime/safety
- Cost of living

**Top 3 Health Issues**

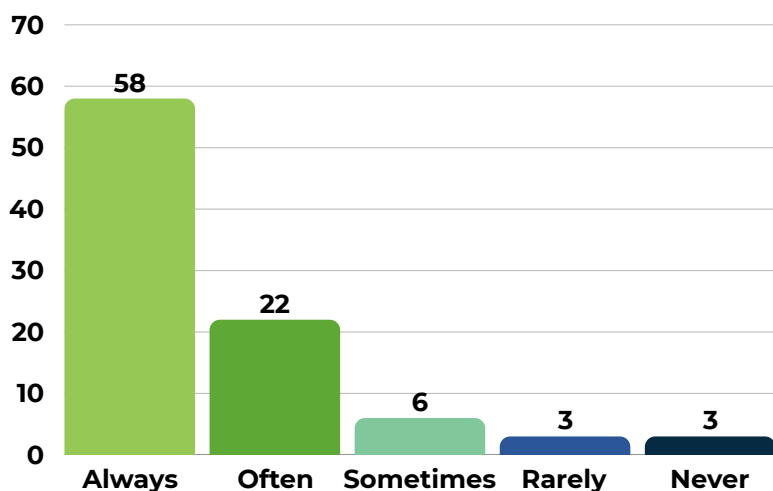
- High blood pressure
- Depression
- Anxiety

**Area for Improvement**

Access to quality and affordable childcare

**Eastside/Belmont**

**Eastside/Belmont - Access to Care**



**Top 3 Life Stressors**

- Cost of living
- Financial obligations
- Family-related issues

**Top 3 Health Issues**

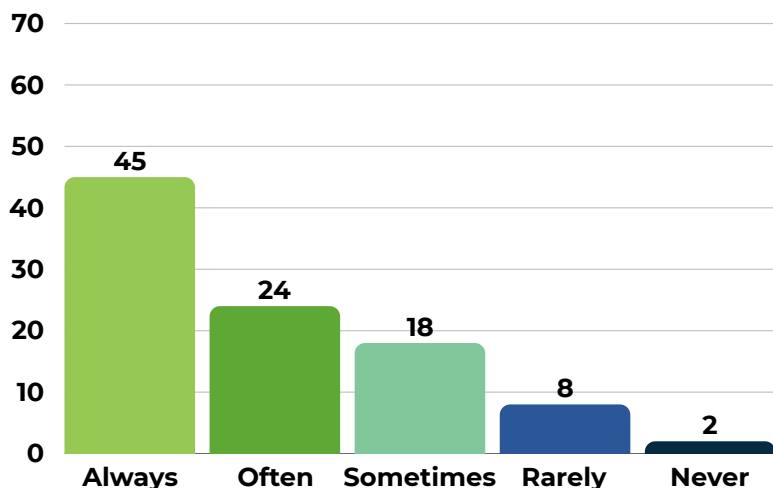
- Anxiety
- Chronic pain
- Depression

**Area for Improvement**

Access to affordable healthy foods

**Downtown/Northside**

**Downtown/Northside - Access to Care**



**Top 3 Life Stressors**

- Cost of living
- Family-related issues
- Financial obligations

**Top 3 Health Issues**

- Depression
- Anxiety
- Chronic pain

**Area for Improvement**

Access to warm and cool places to stay during weather